

## **Lindenwood Retreat & Conference Center – April Events**

9601 Union Rd, Donaldson, IN Call 574-935-1763 for information about the events below

### **Triduum Retreat** (non-directed)

Thursday April 1, 4:00 pm - Sunday April 4, 1:00 pm

Walk with Jesus to Calvary and celebrate the victorious resurrection during Holy Week in a private, non-directed Triduum retreat. The retreat begins on Holy Thursday with supper and concludes with a celebration meal on Easter Sunday. Join us and participate in special liturgies with the Poor Handmaids of Jesus Christ Sisters. Your time on retreat may be spent in private prayer, journaling, reading, or walking the beautiful grounds.

Fee: \$150 (includes private room and meals).

### **Beginning Experience** (Sponsored by Beginning Experience of South Bend, a Christian organization)

Friday April 9, 7:00 pm - Sunday April 11, 3:00 pm

A weekend retreat for the divorced, widowed, and separated, the program deals with the natural grief process and offers the opportunity, through God, for turning the pain of loss into an experience of positive growth. People who have attended the weekend program report increased emotional health and self respect as well as new skills to deal with pain or loss. For further information call Teresa at 574-261-0123 or visit [www.beginningexperience.org](http://www.beginningexperience.org).

### **Connect To 12-Step Recovery**

Saturday April 10, 1:00 pm -4:00 pm

Are you addicted to food? Do you struggle with Compulsive Eating? Does food control your life? There is a solution...12-Step Recovery. Come experience the hope and strength others have found through various 12-step recovery groups. This afternoon is open for those in recovery as well as those seeking recovery.

Facilitators: Marybeth M. and Diana S.

This program is free to those attending.

### **Contadora Dolls**

Saturday April 17, 9:00 am - 3:00 pm

A Contadora doll is a doll that tells a story of our spirit life, our traditions, and our family life. It is our personal, our communal, and our ancestral story. The workshop will be a prayerful day, being consciously aware of where we have journeyed, what is, and what is beckoning our spirits. Come! This will be a time of embracing your story through doll making. Bring small pictures, charms, fabrics, and other items that tell your story.

Facilitator: Sr Nancy Raboin, PHJC, completed her training in Spiritual Guidance through the Siena Retreat Center in Racine Wisconsin, and provides retreats for participants wishing to explore their spirituality through creativity. She is an artist in residence that makes art as her prayer.

FEE: \$25

### **Renew Your Recovery**

Saturday April 17, 1:00 pm - 4:00 pm

This afternoon is for those already in any 12-step recovery group. The afternoon will focus on recovery and spirituality.

Facilitator: Bob M. from Phoenix, AZ

This program is free to those attending.

### **Woman's Day**

Saturday April 17, 9:00 am - 3:00 pm

#### **Friendship**

Friendship - the word conjures different meanings and visions for each of us. How do you describe that feeling of trust, commitment, and affection of relationships between friends? The day will be fun, scripture-based, and participants will be able to attend three break out sessions offering different aspects of friendship. The break out sessions will be led by Kathy Light of Valparaiso, Indiana; Sr. Michelle Dermody, PHJC; and Dorothy Stewart of Hartford City, Indiana. The keynote speaker for the afternoon will be Nancy Schmelter of Plymouth, Indiana. Nancy comes to us with 10 years of public school teaching experience and 20 years of experience as a psychotherapist working with children and families. Part of Nancy's training and research has focused upon the importance of friendship in the healing process. Her presentation, "The Dance of Friendship," covers the myriad ways that friendship is key to our humanity and our survival. She weaves in stories that will make us laugh and cry at the same time, while exploring the characteristics of our lifetime dance partners - our friends! Come join us and bring your friend(s)! There will be praise music to begin and end our day provided by Jack and Dawn Roose of Plymouth, Indiana.

FEE: \$30 (includes noon main meal)

### **Lindenwood Open House!!**

Sunday April 18, 1:00 pm - 4:00 pm

You are cordially invited to join us in celebrating the completion of the Lindenwood new addition. There will be refreshments and tours of the new addition as well as the renovated bedrooms. We look forward to seeing you at our open house.

### **Quiet Day of Reflection**

Monday April 19, 9:00 am - 3:00 pm

Are Not Our Hearts Burning - Based on the book

"With Burning Hearts: A Meditation on the Eucharistic Life" by Henry Nouwen

Themes that will be covered are mourning our losses, discerning the presence, inviting the stranger, entering into communion, and going on a mission. The day will include a video featuring Henri Nouwen, music that reflects the different themes, and time to reflect on some of these questions: What are your losses and how do you mourn them? What is your unique role to take in God's story? How do you bring the mercy to others that you receive at Eucharist?

The day will include presentations, reflection time, and prayer.

Facilitator: Sr. Joetta Huelsmann, PHJC, is in her fifth year as Director of John XXIII Retreat

Center in Hartford City, Indiana. She has been directing retreats both nationally and internationally for over 25 years.

FEE: \$27 (includes noon main meal)